



# NSPCC

Together, we can stop child abuse and neglect – by working with people and communities to prevent it, transforming the online world to make it safer for children, and making sure every child has a place to turn for support when they need it.

Everyone has a part to play in keeping children safe. Every pound you raise, every petition you sign, every minute of your time, will make a difference.

Together, we can keep children safe.

[nspcc.org.uk](https://nspcc.org.uk)

**EVERY CHILDHOOD IS WORTH FIGHTING FOR**

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# NSPCC JERSEY



**Turn the**

**Page**

*You're  
not alone*

**A guide for parents/carers**

**EVERY CHILDHOOD IS WORTH FIGHTING FOR**

## This leaflet tells you about our Turn the Page service and what you and your child can expect.

### What is Turn the Page?

Turn the Page is a supportive service for you and your child when there have been concerns about harmful sexual behaviour.

We're not here to judge, we just want to help you and your child as much as we can. We know it can be really difficult for families to deal with what has happened. That's why we are here to help.

*Turn the Page is a supportive service.*



### How we help

#### Assessment

Firstly, we'll meet with you and your child together to explain our service and answer any questions you might have.

If you and your child agree to the support, we would then complete an assessment. This assessment will help us understand why the behaviour happened, as well as allowing us to decide how to support your child and find ways forward.

To do this, we would meet with your child weekly. In that time, we'll get to know them and decide how best to support them. You'll also have the opportunity to meet with us and tell us more about your child.

Finally, we'll have a chat with others that work with your child and anyone else you think may be able to help us.



#### Intervention

Once we have worked out how to help them, our practitioners will meet with your child once a week.

We'll take things step by step and each session will be designed to fit your child's needs.

Turn the Page is a long term service and we may work with your child for up to a year. This means –

Your child will be able to get to know their practitioner/s really well.

We would use a variety of activities in the sessions which aim to:

- Enhance their self-esteem and build on their strengths
- Learn positive coping strategies
- Develop strategies that prevent them from sexually harming others
- Have healthy sexual relationships in the future

Although you won't be taking part in the sessions, you can really help your child by supporting them at home.

*We can show you how.*



### How we support parent/ carers

Your child is still the same person who you know and love – their behaviour doesn't define who they are, and things can get better.

As a family, it's important to move forward, and we can help you do that. We'll provide a safe space to process your feelings, understand harmful sexual behaviour and learn how to support your child into the future.

### Have a question? Get in touch

**Contact us:**  
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