

Turn the

Page

*We're here
to help you*

A guide for young people

EVERY CHILDHOOD IS WORTH FIGHTING FOR

* Handle Problems Positively

Turn the Page will help you understand more about harmful sexual behaviour and avoid it in the future.

It's a chance for you to make some changes and move forward.

We know this might seem really hard after what's happened but we're here to help you every step of the way.



* A Safe Space

Once we've worked out exactly what you need, we'll keep seeing you once a week, working through different emotions and thoughts by doing different activities.

In your sessions, we will use lots of resources to help build your strengths and qualities, helping you move forward positively.

Don't worry, we're not here to judge you. We'll take things step by step and work together from beginning to end. This may take a while but that's ok.

We'll get there.

* How to Feel Better

When you come to Turn the Page, we want you to feel as comfortable as possible. To do this, you'll be joined by the same people each session. This way, you'll get to know each other really well.

This will help us understand and plan what you need from us so that we can help you. This is called an AIM Assessment. AIM stands for: Assessment Intervention Moving On.



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

©NSPCC 2023. National Society for the Prevention of Cruelty to Children. Registered charity England and Wales 216401, Scotland SC037717 and Jersey 384. Photography by Eoin Carey, Patch Dolan and Tom Hull. J20240128.